



## What is a behavioral healthcare home?

A Health Home is an innovative, care coordination model for the delivery of health care services that is customized to meet the specific needs of low-income Missourians with chronic health conditions, serious mental illnesses, and substance use disorders. Missouri was the first state in the country to implement Health Homes.

• personalized comprehensive care plans • quality-driven • cost-effective • person/family-centered • evidence-based • prevention • health-promotion • healthcare • mental health • substance use • long-term care • community support & resources • care management • care coordination • transitional care • housing • employment •


## COST SAVINGS


(YEAR ONE)


Missouri Health Homes have saved **\$30,996,642.**

### DIABETES

3-YEAR OUTCOMES  
(FEB 2012 - JAN 2015)


Good Cholesterol  
 **37%**


Normal Blood Pressure  
 **42%**

Normal Blood Sugar  
 **46%**

### HYPERTENSION & CARDIOVASCULAR DISEASE

3-YEAR OUTCOMES  
(FEB 2012 - JAN 2015)

Good Cholesterol  
(Clients with CVD)  
 **34%**

Normal Blood Pressure  
(Clients with HTN)  
 **41%**

REDUCTION IN  
HOSPITALIZATIONS  
IN THE FIRST YEAR

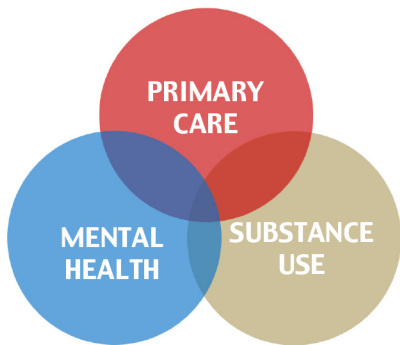
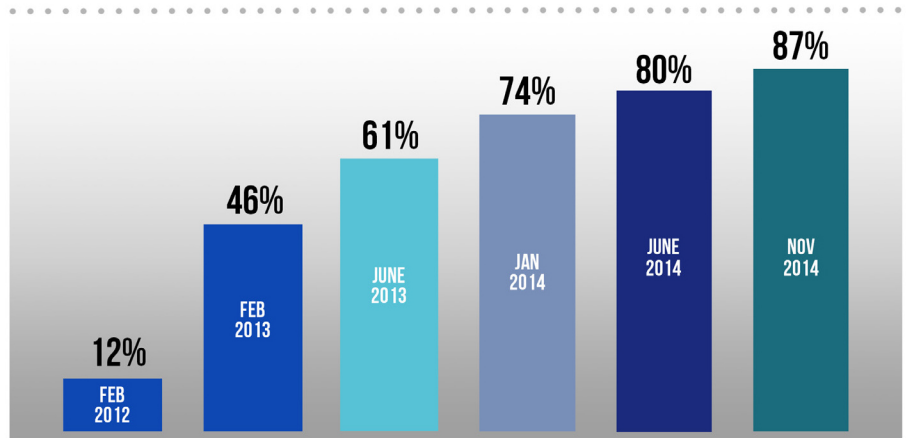


**9.1%**

(CMHC HEALTH HOME CLIENTS)

## METABOLIC SYNDROME SCREENINGS

3-YEAR OUTCOMES • ALL HCH ENROLLEES



Health Homes produce better health outcomes through care coordination. They save taxpayer dollars & have proven to be the most effective approach to caring for Missourians with complex health and behavioral health needs.



## CHRONIC DISEASE PREVALENCE

50% PREVALENCE

